The Eastern Region HMF (in association with the Northampton Area, Fenland Fives, Lincolnshire Region and the guy down the chip shop who swears he's Elvis) Proudly Present:

THE THETFORD TO CROMER INSTALMENT OF KEN'S FISH & CHIP RUN

This part of the runs rendezvous point is at Sainsbury's car park, London Rd, Thetford, IP24 3QL (N52 24.279 E0 43.421)

The finish is Cromer's cliff top car park on the Norfolk coast (N52 56.007 E1 17.436)

Please check through the directions and ensure you are sufficiently fuelled, fed, watered etc before leaving Thetford.

There is a lot of detail in the directions and I would suggest solo occupants follow a driver and navigator team, the detail is not only to warn of hazards, but also to aid navigation.

Hope you enjoy the run and above all have lots more fun!

Please reset your trip before leaving!

| Total Miles | Total KM | Turn Direction or Exit Number | Heading / Road | Notes |
|----------------|-------------|----------------------------------|---------------------------------|-----------------------------|
| 0.0 | 0.0 | Right | Onto London Rd | |
| 0.2 | 0.3 | 2 nd Exit | Onto A11 | |
| 1.1 | 1.7 | 2 nd Exit | Onto A11 | |
| 2.5 | 4.0 | 2 nd Exit | Onto A11 | |
| 4.4 | 7.0 | 1 st Exit | Onto A1075 Signposted Watton | |
| 5.4 | 8.6 | Caution! Level Crossing | | STOP when lights show |
| 7.7 | 12.3 | Caution! Entering village | | 50 |
| 15.7 | 25.1 | Caution! Entering Town of Watton | | 30 |

Watton, Norfolk

The Clock tower in the High St was erected in 1679 to commemorate a fire which destroyed large parts of the town in 1674. A fire bell was incorporated in the building designed by Christopher Hey, to warn the towns people of danger. Following the fire funds to help the people of Watton were raised over the whole country and rebuilding was finished in 1681. The Clock Tower, which now houses the Tourist Information Office was renovated in 1827 when a new clock was installed. This is still hand wound today.



| still nand wound today. | | | | |
|-------------------------|------|---|--|-----------------------------|
| 16.2 | 25.9 | Continue Straight | Signposted Dereham on A1075 | |
| 20.3 | 32.3 | Caution! Entering Town of Shipdham | | 40 |
| 24.3 | 38.9 | Caution! Entering Town of Dereham | | 30 |
| 25.0 | 40.0 | Caution! ACTIVE Speed Camera | | 30 |
| 25.6 | 40.9 | Turn Left | Follow Signs for Town Centre | |
| 25.8 | 41.3 | Mini Roundabout 1 st Exit | Follow Signs for Town Centre | |
| 25.9 | 41.4 | Mini Roundabout 1 st Exit | Follow Signs for Town Centre | |
| 26.0 | 41.6 | Mini Roundabout 2nd Exit | Enter One-way System in Town Centre | |
| 26.1 | 41.7 | Caution! Small Speed Humps | | |
| 26.2 | 41.9 | Turn Right | Onto Dereham High Street | \triangle |
| 26.3 | 42.1 | Turn Right Around Traffic Island | Following Signs For Hospital | A |
| 26.5 | 42.4 | Turn Left | Follow Signs For Hospital into Kings Road | A |
| 26.7 | 42.7 | Turn Right | Into Swanton Road | |
| 26.8 | 42.9 | Caution! Level Crossing | | STOP when lights show |
| 28.5 | 45.6 | Caution! Entering Village of Swanton Morley | | 30 |
| 30.7 | 49.1 | Caution! Bridge | | |

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|---|-------|--|------------------------------------|------------|--|
| 30.8 | 49.2 | Caution! Bridge | | | |
| 32.2 | 51.52 | Caution! Entering 40 Limit | | 40 | |
| 32.7 | 52.3 | Turn Right | Signposted Norwich On A1067 | | |
| 33.1 | 52.9 | Turn Left | Signposted Reepham On the B1145 | | |
| 36.0 | 57.6 | Caution! Bridge | | \bigcirc | |
| 36.8 | 58.8 | Caution! Entering Village of Reepham | | 30 | |
| Reepham, Norfolk Reepham has 3 churches on the same site and is one of only 2 places in Europe to do so. Reepham's church of St. Mary is joined by its choir vestry to St. Michael's and the third church belonged to Hackford. However, this third church burned down in 1543 and now only a fragment of the tower wall remains on the left of the path as you go towards the Market Place. | | | | | |
| 37.0 | 59.2 | Turn Left | Signposted Aylsham on the B1145 | | |
| 39.2 | 62.7 | Caution! Bridge | | | |
| 39.6 | 63.3 | Caution! Entering Village of Cawston | | 30 | |
| 39.7 | 63.5 | Caution! Bridge | | | |
| 41.0 | 65.6 | Take 1 st Exit | Signposted Holt on the B1149 | | |
| 41.7 | 66.7 | Caution! Bridge | | | |
| 45.2 | 72.3 | Caution! Entering Village of Corpusty | | 50 | |
| 45.7 | 73.1 | Take 1 st Exit | Signposted Holt on the B1149 | | |
| 48.2 | 77.1 | Caution! Entering Village of Edgefield | | 30 | |
| 51.2 | 81.9 | Caution! Entering Village of Holt | | 30 | |

Holt, Norfolk Is a lovely rural Georgian Norfolk town with plenty of unusual shops and surrounded by well-wooded parks. Holt is particularly attractive at Christmas, when all the shops adourn themselves in pretty white fairy lights, making for a really festive wonderland. It is said to be one of the Royals favourite shopping venues, and many are seen from time to time browsing the local shops, Signposted Cromer Take 3rd Exit 51.7 82.7 on the A148 53.0 84.8 Caution! Entering Village of High Kelling 54.8 87.6 Caution! Entering Village of Bodham Signposted Sheringham 56.7 90.7 Turn Left On the A1082 57.2 91.5 Caution! Entering Village of Sheringham Sheringham, Norfolk No matter what the weather, you will always find someone in the sea. Some of the older generation of Sheringham have bathed almost daily in the sea and attribute their good health to the practice. Whelking was a major industry in Sheringham in the 1920s and 1930s when the whelkers supplied London and Midlands markets. The importance of the trade to the Town was made apparent when the local football team wore a Golden Whelk on their shirt pocket. Sign posted Cromer 3rd Exit 58.0 92.8 on the A149 59.2 94.7 Caution! Bridge Caution! Entering Village of West Runton 60.6 96.9 60.9 97.4 **Caution!** Entering Town of Cromer Cromer, Norfolk The edible crab is also sometimes referred to as the Cromer crab, because it is commonly caught around the Norfolk coastal town, It is a robust crab and mature adults can weigh up to 3 kg. Arcitechure in Cromer has many Victorian influences, during victorian times many "well-to-do" London residents would summer in the town, they believed the fresh North Sea air had healing properties that could cure most of the common disease and illness around at that time. 61.6 98.5 Turn Left Enter Cliff Top Car Park Once parked up, Cromer town centre is just a short stroll away, without doubt one GOOD FOOD of the best fish and chip shops in Norfolk is "Mary Janes" which has a capable take-away and small restaurant, it is located on the Corner of Garden St and Corner St just in inland from the sea front Pier area. For anybody with a sweet tooth "Waverly Bakery" on Hamilton Road serves amazing cakes in above average portions!