



THE 1ST ERHMF XMAS LIGHTS AND CITY SIGHTS RUN

The Run's Start point is at the Countryman PH on the A140 Tasburgh
The finish at the Countryman PH on the A140 Tasburgh

Arrive as usual for the club meeting and we will leave around 20:30 so please bear this in mind if you usually order food at the meeting.

Please take the time to print, read and check these directions prior to the run, this will ensure you get the most out of it as some of the sights come thick and fast! Also ensure you are sufficiently fuelled before arrival at the Countryman. Santa hats optional!








The run Covers 23 miles and should take around 40 mins






















There is a good chance due to the fact that this is a city based that we could get split up, hopefully we can get to regroup if possible, if not I am sure it will just add to the fun!





















If you do get lost and are unfamiliar with Norwich city centre, just follow signs for the A140 to Ipswich and you should eventually come across the Countryman.

















Please reset your trip before leaving!

Stage 1

Total Miles	Turn Direction or Exit Number	Heading / Road	Notes
0.0	Leaving The Countryman Turn Right	On A140 Towards Norwich	
1.1	Caution! Entering Village of Saxlingham Thorpe		
1.7	Caution! Mobile Speed Camera Location!		
5.4	Take 3 rd Exit at Roundabout	Signposted Norwich/Cromer A140	
6.5	Caution! Entering City of Norwich		
7.4	Straight Across Major Junction	Signposted City Centre	

7.6	Caution! PERMANENT Speed Camera			
8.0	Continue Straight at Junction	Towards City Centre		
8.3	Take 1 st Exit at Roundabout	Signposted Cromer		
8.5	Get into Right Hand Lane			
8.6	Roman Catholic Cathedral As you approach the next roundabout a large Roman Catholic Cathedral can be seen directly opposite, built in 1910, this is the second largest Roman Catholic Cathedral in the UK, and makes Norwich one of only a handful of cities to have two cathedrals.			
8.7	Take 3 rd Exit at Roundabout	Signposted The Forum		
8.8	Continue Straight	Keeping Furniture store and YMCA on Right		
9.0	Turn Right	Signposted The Forum		
9.1	The Forum The Forum is constructed on the site of the old city library which was destroyed by fire in 1994, work started at the site after extensive archaeological excavations, many artifacts were found relating to a French colony that populated the area during the middle ages. The Forum is an ultra modern building that houses the new Library and the local BBC television studio's.			
9.2	Turn Left	Into Little Bethel St		
9.3	Turn Left	Signposted Theatre Royal		
9.3	Caution! Speed Humps			
9.5	Turn Left	At Corner of Debenhams		
9.5	Norwich Castle One of the City's most famous landmarks, Norwich Castle was built by the Normans as a Royal Palace 900 years ago. It is built traditionally on a mound complete with moat. During the 14 th Century it was used as a prison before finally it became a museum in 1894 .			
9.6	Follow Road to the Right	Around The Bell PH		
9.7	Keep to the right then get in Middle Lane	Keep The Woolpack PH on your left		
9.8	Continue Straight Over	Signposted Thetford and Keep John Lewis on Your Left		
9.9	Turn Right	Into Surrey St		
10.0	Norwich Union On the right is the early 20 th Century Surrey House, it was originally Norwich Union's headquarters and was designed by the notable Edwardian architect from Norwich, George Skipper. Renowned for its exuberant marble interior and architectural majesty, the Surrey Street building has been imaginatively reworked recently to uniquely blend the architectural splendour of the past with a stunning, contemporary new-look Atrium.			
10.1	Turn Left	Into St Stephens		

10.1	Caution! Speed Humps		
10.2	Take 3 rd Exit At Roundabout	Onto Chaplefield	
10.4	Get into Right Hand Lane		
10.6	Take 3 rd Exit At Roundabout	Signposted The Forum	
10.7	This Time Around Turn Off To Right	Follow Road Round Keeping YMCA and Furniture Store on Your Left	
10.9	Keep in Left Hand Lane		
11.0	City Hall Watched by the biggest crowd ever seen in the city, King George VI and Queen Elizabeth officially opened City Hall in bright sunshine on Saturday 29 October, 1938, a ceremony seen as the crowning achievement of 800 years of self-governance for Norwich. It's 385ft balcony is the longest in the UK!		
11.1	Follow Road Round to Right	Between Guild Hall and Market Place	
11.1	The Guildhall Five centuries of civic pride are embodied in Norwich Guildhall. From the 15th to the 20th centuries the it has housed courts, a prison, council hall, a tourist information centre and now a Café.		
11.1	Follow Road Round to the Left	Just After Passing the Guildhall	
11.2	Turn Right at T-Junction	Signposted GtYarmouth	
11.4	Keep in Left hand Lane and Follow Road Round to Left	Following Signs for Wroxham	
11.6	Tombland and the Cathedral This area is known as tombland and is the historical location of Norwich's market place, for a stunning view of the Cathdral look through the archway on the right where the 900 year old Cathdral stands illuminated.		
11.7	Mini Roundabout Take 2 nd Exit	Onto Palace St	
11.8	Caution! Bridge		
11.9	Take 3 rd Exit at Roundabout	Signposted Gt Yarmouth	
12.4	Take 3 rd Exit at Roundabout	Signposted Parking Riverside	
12.7	Pulls Ferry On the right is Pulls Ferry one of the most famous landmarks in Norwich. It was once a 15th Century watergate. It was the route for the stone used to build Norwich Cathedral. The stone came from France up the rivers Yare and Wensum. A canal, specifically built by the monks, used to run under the arch, where the Normans ferried the stone and building materials to be unloaded on the spot.		
12.9	Straight Across at Crossroads	Towards the Riverside Complex	
13.0	Keep in Left Hand Lane	Follow Ring Road All Routes	

13.1	Caution! PERMANENT Speed Camera!			
13.3	Get into Right Hand Lane When Morrisons is on Right	Follow Ring Road South and West and Ipswich A140		
13.5	Carrow Road and Colmans This area is the home of Norwich City football club and is historically significant due to events during world war 2, the Colmans factory was strategically very important and as a result suffered many air raids during the war, there several reports of stray bombs causing devastation as well as killing many of the workers, one of the most harrowing accounts recalled a German Fighter plane firing on the women as left off work, some of the machine gun bullet holes remain in the area's walls to this day.			
13.9	Turn Left	Signposted Ring Road All Routes		
14.0	Take 3 rd Exit at Roundabout	Signposted Ring Road All Routes		
14.2	Keep Left then Turn Left	Following Signs for Beccles and Lowestoft		
15.0	Keep in Right Hand Lane			
15.2	Turn right	Onto A47 Towards Swaffam		
15.4	Join Dual Carriageway			
17.2	Exit Left on Dual Carriageway	Signposted Ipswich		
17.7	Take 2 nd Exit at Roundabout	Signposted Ipswich and Diss A140		
21.3	Caution! Entering Village of Newton Flotman			
21.4	Caution! Mobile Speed Camera Location!			
22.8	Caution! Entering Village of Tasburgh			
23.2	Turn Left Into Countryman Car Park, Enter Pub and Warm Up!			